

Telehealth Consent

Required before any session is conducted by video or telephone.

ADE, Inc.

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PLATFORM AND SECURITY

Sessions are conducted using Zoom for Healthcare, a HIPAA compliant video platform covered by a business associate agreement. You will receive a meeting link before your session. You do not need a Zoom account to join.

If your session is about to start and you have not received the link, text (703) 722-2324. Text reaches Dr. Ireland faster than email, which is not monitored continuously. Please do not email about a missing link.

Dr. Ireland will not conduct sessions over consumer messaging applications. Standard email, SMS text messages, and ordinary cell phone calls are not fully secure. Encrypted, HIPAA compliant email is available at info@irelandphd.com through Microsoft Office 365 and should be used for any clinical correspondence.

Substantial steps are taken to protect the privacy and security of telehealth sessions. Even so, no internet transmission can be guaranteed secure. You are responsible for the security of your own device, your own network, and your own physical surroundings during a session.

Sessions may not be recorded by either party without the written consent of both.

YOUR LOCATION DURING SESSIONS

Dr. Ireland must know where you are physically located at the start of every session. This is required for two reasons: the state you are in determines which licensing rules apply to your care, and if an emergency arises during a session she needs to be able to direct help to you.

ADDRESS WHERE YOU WILL USUALLY ATTEND SESSIONS

CITY

STATE

ZIP

PHONE NUMBER TO REACH YOU IF THE CONNECTION DROPS

NEAREST HOSPITAL TO THAT ADDRESS

EMERGENCY CONTACT NAME

RELATIONSHIP

PHONE

Sessions Must Take Place in a State Where Dr. Ireland Is Licensed

For telehealth, the state where you are physically sitting during the session is the state where care is considered to be delivered, not the state where Dr. Ireland is sitting. She can treat you only while you are located in a state where she holds an active license as an advanced practice registered nurse. She will confirm at your first contact whether she is able to treat clients where you live.

If you will be attending a session from any other state, including while traveling, tell Dr. Ireland in advance. She may need to reschedule. This is a licensing requirement, not a preference, and it applies even to a single session.

The multistate nursing license used by many registered nurses does not extend to advanced practice roles, and the corresponding compact for advanced practice nurses is not yet in effect, so each state requires its own license. If you move, Dr. Ireland will discuss options with you, which may include helping you find a provider licensed where you now live.

PRIVACY ON YOUR END

Please join from a private space where you will not be overheard and will not be interrupted. Headphones help. Driving during a session is not permitted. Please let Dr. Ireland know if anyone else is present in the room, whether or not they are participating.

TECHNOLOGY PROBLEMS

Internet service can be interrupted by outages, maintenance, upgrades, and hardware or software failure. These are outside the control of ADE, Inc. and Dr. Ireland, and no guarantee is made that the service will be available.

If a session is disrupted and cannot be restored, Dr. Ireland may at her discretion continue by telephone. If the session cannot be completed at all, it will be rescheduled. A session disrupted for more than 15 minutes but less than the full session length is charged at a prorated amount.

APPROPRIATENESS OF TELEHEALTH

ADE, Inc. is a telehealth practice. All sessions are conducted by video or telephone, and in-person sessions are not offered.

Telehealth is not the right format for every situation. It is not a substitute for medical care or for medication management by a physician or psychiatric prescriber. If Dr. Ireland determines that in-person care, a higher level of care, or local support is clinically necessary, she will discuss that with you and help you find a provider who can offer it.

If you are in acute crisis, actively suicidal, or medically unstable, telehealth alone is not sufficient care. This does not mean Dr. Ireland will stop working with you. It means a safety plan and local resources need to be in place alongside your sessions.

If you are in immediate danger, call 911 or go to your nearest emergency room. For crisis support, call or text 988 (Suicide & Crisis Lifeline) or chat at 988lifeline.org.

To reach Dr. Ireland between sessions about an urgent matter, call (703) 722-2324 and follow the instructions. Messages are generally checked daily, and less frequently at night, on weekends, and on holidays. Do not use email or text to report an emergency.

FEES AND CANCELLATION

Sessions are charged at the rates listed on the ADE, Inc. Fee Schedule. Payment is requested before each session begins and may be made online at www.irelandphd.com. The 48 hour cancellation policy applies. Clinical time spent on email, phone, or text is billable at the rate on the Fee Schedule.

BOUNDARIES

Dr. Ireland will not accept invitations or connection requests on social media or networking sites, will not communicate through instant messenger, and will not respond to blogs or public posts you write. This protects your confidentiality as much as her professional boundaries.

CONSENT

I have read this document. I understand the benefits and the limits of receiving therapy by video or telephone, including the risks to privacy that I cannot fully control from my own location. I have had the opportunity to ask questions. I consent to receiving telehealth services from Dr. Martha Ireland. ADE, Inc. is a telehealth practice and does not offer in-person sessions. If telehealth stops being the right format for my care, I understand Dr. Ireland will discuss that with me and help me find appropriate local support.

This consent does not ask you to give up any legal right or claim, and it does not limit Dr. Ireland's responsibility for the care she provides. What it does is identify which risks of the telehealth format sit outside her control: the reliability of your internet connection, the security of your own device and network, and the privacy of the room you are sitting in.

CLIENT SIGNATURE

DATE

PARENT, GUARDIAN, OR LEGAL REPRESENTATIVE SIGNATURE

DATE

PRINTED NAME

STATE WHERE CLIENT IS LOCATED