

Informed Consent for Online Therapy

ADE, Inc.

Dr. Martha H. Ireland

165 Topside E.

Hardeeville, SC 29927

Phone: (703) 722-2324

Email: info@irelandphd.com

I understand that therapy conducted online is technical in nature and that problems may occur with internet connectivity. Internet availability may be limited or disrupted by things such as server maintenance, upgrades, or other problems (such as software or hardware malfunction). Any problems with internet availability or connectivity are outside the control of ADE, Inc. and Dr. Martha Ireland. ADE, Inc. and Dr. Martha Ireland make no guarantee that such services will be available. If something occurs to prevent or disrupt any scheduled appointment due to technical complications and the session cannot be completed via telephone, a new appointment will be re-scheduled. Please note, however, that if a session is disrupted for technical reasons, Dr. Martha Ireland, at her sole discretion, may resume the session by telephone. All sessions disrupted for over 15 minutes, but less than the full session time will be charged to you at a prorated amount.

I understand that if either I or Dr. Martha Ireland communicates using a cell phone that the conversation may not be secure and therefore not confidential. If our online session is disrupted, it will be most secure for us to continue the session when we both are on the WhatsApp Platform.

Please note that Dr. Martha Ireland has a 48-hour cancellation policy. Should you miss or cancel an appointment within the 48-hour window, you will be charged for the session. Please read the ADE, Inc. Client Consent Form for additional information.

I understand that therapeutic encrypted email communication is available via Dr. Martha Ireland's Microsoft Office 365 HIPAA compliant email using the email address info@irelandphd.com. Please be aware that if you email to share therapeutic information or journal entries between sessions, Dr. Martha Ireland may not have the opportunity to review the information until your next scheduled session. A reasonable attempt will be made to read and respond to emails received within 24 to 48 hours.

Please be aware that although the use of mobile devices for calls and texts in healthcare is not prohibited by HIPAA, you must either expressly consent to receiving cell phone calls and text messages (providing a phone number to Dr. Martha Ireland constitutes express consent), or if you call or text Dr. Martha Ireland your express consent is implied. You do have the right to rescind your consent to receive voice calls and text messages; should you wish to do so; this should be sent in writing to Dr. Martha Ireland. The rule regarding HIPAA and patient telephone calls and text messages allows use of both for the provision of medical treatment, health checkups, and appointment reminders.

I acknowledge that Dr. Martha Ireland may charge me the fees set forth in the ADE, Inc. Client Consent Form for any communication via email, phone, or text that is regarding clinical services.

I understand that Dr. Martha Ireland will not accept my invitations via social media websites, networking websites, instant messenger, or respond to blogs written by me or accept my comments on his/her blog.

I understand that if I need to speak with Dr. Martha Ireland between sessions to alert her of an emergency, I should call 703-722-2324 and follow the instructions. My call will be returned as soon as possible. I acknowledge that messages are generally checked daily, but with less frequency at night, on weekends, and on holidays. If an emergency arises that requires immediate attention, I should call the emergency National Hopeline Network at 1-800-Suicide/1-800-784-2433 or National Suicide Prevention Lifeline at 1-800-Talk /1-800-273-8255 or dial 911. Hearing and Speech Impaired should call 1-800-799-4TTY/1-800-799-4889. I understand that in the event of a life-threatening crisis I should contact a crisis hotline, call 911, or go to a hospital emergency room.

Additionally, although ADE, Inc and Dr. Martha Ireland have taken substantial steps to ensure the confidentiality and privacy of therapy provided online, Dr. Martha Ireland cannot guarantee the security of any internet transmissions or communications. **I AGREE TO TAKE FULL RESPONSIBILITY FOR THE SECURITY OF ANY COMMUNICATIONS OR TREATMENT ON MY OWN COMPUTER AND IN MY OWN PHYSICAL LOCATION.** I understand that all information disclosed within sessions and the written records pertaining to those sessions are confidential and may not be revealed to anyone without my written permission, except where disclosure is required by law. Sessions may not be recorded without the written consent of both parties.

I understand that online therapy with me is not a substitute for medication under the care of a psychiatrist or doctor. I further understand that online therapy is not appropriate if I am experiencing a crisis or having suicidal or homicidal thoughts.

I agree to defend and release ADE, Inc. and Dr. Martha Ireland from and against all damages, costs, suits, claims, and other actions originating from any services provided to me by Dr. Martha Ireland.

Signature Patient/Client

Signature Parent, Guardian, or Legal Representative

Date